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Contacts: Wendy Finn, Executive Director, wendyfinn@scnova.org
Irma Gennaro, Marketing & Communications Manager, irmagennaro@scnova.org

MEDIA RELEASE

**Shepherd's Center of Northern Virginia Volunteer, Mike Mulreany,
Wins Fairfax County Education and Literacy Volunteer Award**



Shepherd's Center of Northern Virginia volunteer, Mike Mulreany.
Photo provided by Shepherd's Center.

Vienna, VA - The Shepherd's Center of Northern Virginia (SCNOVA) is proud to announce that their volunteer, Mike Mulreany, of Oakton, Virginia, received the Fairfax County Volunteer Services award in the Education and Literacy category on April 20th.

"Mike Mulreany is an incredible changemaker and a humble and genuine leader who has spearheaded two of SCNOVA's educational and social programs for seniors. The impact of his volunteer efforts and the challenges he overcame grew with COVID, but so did his commitment to serving seniors. I am delighted he received this well-deserved honor," said Wendy Finn, Executive Director, SCNOVA.

Mike has impacted our community through his leadership of Adventures in Learning, which offers a series of three eight-week virtual sessions annually, with twenty-four speakers covering topics, including health and wellness, arts and entertainment, and world affairs. Mike also leads the Great Decisions Program, a group that "inspires learning about the world."

In addition, when many SCNOVA volunteers stepped away from driving due to COVID concerns, Mike continued to be a volunteer driver (with CDC guidelines in place) bringing clients to their essential medical appointments.

Under Mike's direction, the Shepherd's Center just announced a new four-week Mini Adventures in Learning program starting on May 20. Upcoming topics include *How to Successfully Age in Place*, *Screening for Diseases*, *Hiking in Switzerland*, *Retirement Wellness Checkup*, *The Unraveling of Syria*, and *Balancing Federal Labor Relations and Efficient Government*. To learn more, please visit www.scnova.org/ail.

About Shepherd's Center of Northern Virginia

The Shepherd's Center of Northern Virginia is dedicated to improving the quality of life, through supportive programs and services, personal enrichment, and volunteer engagement that enable our senior neighbors to live full and productive lives while aging in place. Our hundreds of trained and vetted volunteers serve as medical and companion transportation drivers, friendly callers and visitors, food delivery drivers, handy helpers, health care advocates, and lifelong learning and cultural enrichment enthusiasts.

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