

Celebrating 23 Years of Service

Fiesta Fundraiser

Many thanks to Melinda & Jake O'Brien and Jayne & Joe Young for hosting a Mexican Fiesta during our October Restaurant Fundraising Initiative. This event raised \$3,665 for the Shepherd's Center of Northern Virginia. The O'Brien's generously purchased food for 30 people from Chipotle where we received 33% of the sales for that evening. Our hosts were able to secure additional donations from their guests during this festive event. Executive Director Carolyn Pennington attended the event and spoke to the group about the value of SCNOVA. "It was the



perfect combination of learning about a great cause, wonderful generosity and reuniting with friends," said Melinda O'Brien. It was a beautiful evening in early October which allowed everyone to feel comfortable in an outdoor setting.

It is our hope that other Shepherd's Center friends will be inspired to host their own "Friend-raiser" themed parties. We are happy to support your efforts as these opportunities can have an incredible impact in our community. Email communications@scnova.org or call Laurie Granger at 703-281-0538.



Volunteer for a SCNOVA Committee

Casey Tarr wears many hats in her volunteer service with SCNOVA; liaison for the Active Aging Wellness and Fall Prevention class, a health advocate and an office volunteer. Behind the scenes, she's on the Adventures in Learning Health & Wellness Committee. She & Marsha Komandt share this role together, helping recruit speakers within the field. "It gives me an opportunity to be part of a team providing life long education to like minded people," Casey states, "I have learned so much about our community's resources in the search for speakers. The feedback from participants has been positive on how the classes provide mental stimulation, socialization, & self confidence." If you're interested in serving on a committee, check out more information in this newsletter on page 5.



1.589







OFFICE VOLUNTEER HOURS



ENRICHMENT PROGRAM HOURS

1.695

450

SCNOVA NEWS & EVENTS

Mardi Gras Celebration



Date: Thursday, February 17, 2022

12:00p.m.- 2:00p.m.

Location: Vienna Community Center 120 Cherry St. SE, Vienna, VA 22180

Cost: \$15 per person

Pre-registration required by February 11,

2022 by calling (703) 281-0538.

Sponsored by Vienna Parks and Recreation and Shepherd's Center of Northern Va.

Thank you to all our sponsors who support SCNOVA's Mission

Len Adler, Adler Foundation Rotary Club of Vienna Chain Bridge Technologies Money & King Funeral Home VLP Financial Advisors **United Bank** Sunrise Senior Living Fairfax Goodwin House at Home Mitchell & Morin Eye Institute Virginia Heart The Kensington Reston The Kensington Falls Church Town of Vienna The Providence of Fairfax **Greater Washington Community Foundation** Heavenly Paws **AAŘP**

A Family Tie
Brightview Fair Oaks
Brightview Great Falls
Eldementals
Maggiano's Little Italy
Skorpios Maggios
Navy Federal Credit Union
One Neighborhood Foundation
Purple Onion
TruBlue Total House Care



You can support the SCNOVA every time you shop at Amazon with no additional cost to you! Make sure you SAVE and BOOKMARK the site.

Call the office for more details.

Adventures In Learning

Refer to the website in the coming days for the new Winter Schedule. Session dates are from 1/27/22 - 3/17/22. We will be doing a hybrid approach with in person at the Unitarian Church and also on Zoom.



Topics to include Hearing Loss, Art & Nature, Mindfulness, World Affairs and more!

Final Days of our Annual Appeal



We are in the final month of our Annual Appeal. With the cancellation of this year's Gala

fundraising event, the Annual Appeal is more important than ever. If you have not already done so, please consider making a secure donation online:

www.scnova.org/donate/donate-appeal

Foster's Grille Monthly Friend-Raiser



Foster's Grille (Maple Ave in Vienna) is hosting a monthly friend-raiser on behalf of the Shepherd's Center of Northern Virginia. Order from Foster's Grille on the 3rd Wednesday of every month between 11:00am and 9:00pm and 20% of your bill will be donated to us! Create a fundraiser or take your family out to dinner.

Either way, it's a win-win. Great food and a great cause!

WELCOME NEW VOLUNTEERS

Tina Cardenas Pam Weisz Adele Logan-Galan Elizabeth Korondy Moira Wait Ginny Wright Moira Wait Yoyo Chang



Year In Review—SCNOVA 2021



Oktoberfest Vienna! (From L) Carolyn Pennington, Jayne Young, Scott Schroth





Shepherd'scenter
OF NORTHERN VIRGINIA

SCNOVA Merger 2021 (From L) Philip Pifer, Jayne Young, Scott Schroth, Tom Eversole



Receiving new laptops from DXC Technology—Thank you DXC!



Thanksgiving Luncheon 2021 (From L) Mike Mulreany, Mary Ann Jung from History Alive!



(From L): Linda Shearer, Marta Linares, Irene Coyne, Wanda Snuggs









Above (From L:) Scott Schroth, Maddy White, Bill Farrell

(From L): Heather Stride, Erin O'Reilly, Carter Plemmons from Caboose Tavern

Year In Review—SCNOVA 2021



Ayr Hill Garden Club for 2021 Volunteer Appreciation Luncheon

(From L): Office Volunteers Marilyn Boyd, Peggy Coleman





Town of Vienna 2020-2021 Award Recipients

(From L): Audrey Fisher, Kate Herz with Caring Cards



March 2021 Cookie Delivery with Crumbl Cookies courtesy of Northrop Grumman

pherd'scente



Fabulous Mail-out Volunteers

Carolyn Pennington, Executive Director — Thanksgiving Day kicks off the holiday season for me as it is a day dedicated to giving thanks for the many blessings of new and old friends as well as new opportunities and lasting traditions. The Annual Volunteer Lunch, the Thanksgiving Lunch as well as the Holiday Tea were all wonderful events to share with the SCNOVA family. These pictures remind me of how thankful I am for our staff, Board, volunteers, supporters, sponsors — all who make SCNOVA a beacon of hope in the community. You are a tremendous group to give so generously of your time and resources. You inspire me - Thank you!

Laurie Granger, Marketing & Events Coordinator - This holiday season I am grateful for the opportunity to work with SCNOVA and create memorable experiences for the people we serve. Whether it's the Thanksgiving Feast, Holiday Sweets or upcoming Mardi Gras celebration, I feel fortunate we are able to come together as a community to promote friendship and companionship.

Erin O'Reilly, Operations & Volunteer Manager - The Shepherd's Centers provide support, hope and kindness to so many people in our community; older adults when given the gift of a lift or food delivery, the volunteers after speaking with a client about a shared recipe and the opportunity the Center imparts to us all to care for one another. In that spirit, may everyone of you journey into the New Year with health, happiness, open-mindedness and empathy towards others.

Holiday Office Schedule

Friday 12/24/2021 - Sunday 1/2/2022 Office Closed

> Monday 1/3/2022 Office reopens at 10 AM

SCNOVA Committees

We have many SC volunteer opportunities behind the scenes that have a **large** impact on our services to the community through a variety of different committees

- ⇒ Adventures in Learning (AIL)
- ⇒ Congregational Advisory Council
- \Rightarrow Development
- ⇒ Grant
- ⇒ IT Technology
- ⇒ Marketing
- ⇒ Special Events
- ⇒ Volunteer

Message from Chair of the Board W. Scott Schroth

On behalf of the SCNOVA Board of Directors I would like to wish everyone a wonderful holiday season! Despite the continued challenges of the pandemic, it is beginning to feel a little bit more like a normal SCNOVA fall. The volume of our



transportation services is approaching pre-pandemic levels. Mike Mulreany and his AIL team put together a spectacular fall program delivered in a hybrid Zoom/ In-Person format.

We have been able to safely begin our Friendly Visitor services again. We also successfully partnered with the Vienna Community Center to stage a safe, in-person Thanksgiving luncheon and one of our congregational partners, St. Mark Catholic Church, to welcome friends, volunteers, and clients to a cozy Holiday Tea and Sweets event. Limited attendance, immunization requirements, and masking made these events slightly different than in the past, but it has been so nice to get together in-person for a change.

With the addition of Laurie Granger to our SCNOVA office, we now field an outstanding staff with expertise across all key areas of our operations. It is also a pleasure to welcome Tom Eversole back to our board after a short hiatus as the Interim Director of NV Rides. Finally, we are so very pleased to have Tom Portman return to the board after a leave of absence. Most of you know Tom well as a longstanding board member, board secretary, and the driving force behind our Veteran's Initiative. I can honestly say that it is a great time to be part of SCNOVA!

Volunteer Committee Opportunities

- ♦ The AIL Committee manages all three semesters of the AIL program, organizes the schedule and recruits speakers and attendees.
- ♦ Our Congregational Advisory Council (CAC) members represent their specific congregations, share congregation activities and SC information with each other.
- ♦ The Development Committee helps organize 'Friend-raisers,' which bring awareness to the SC mission, socialization for the community and funding for SC programs and services.
- ♦ The Grant Committee seeks grant support for SC from local and regional organizations and philanthropic groups through researching, writing and editing grants.
- ♦ The IT Technology Committee assists the Executive Director (ED) and staff with selecting and maintaining hardware and software used for SC administration and programs.
- ◆ The Marketing Committee conceives and designs marketing materials (ads, flyers, social media, etc.) and also supports media relations in the community.
- ◆ The Special Events Committee organizes SC luncheons with entertainment, senior socials, and the SC Gala.
- Our Volunteer Committee manages the recruitment, retention, and recognition of volunteers for all SC service and educational programs. They also organize the annual Volunteer Appreciation Luncheon with support from the Operations/ Volunteer Manager.





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Dedicated to improving quality of life as we age, through supportive programs and services, personal enrichment and volunteer engagement.

Creating A World Without Loneliness

Shepherd's Center of Northern Virginia serves Oakton, Vienna, Reston, Herndon, Great Falls, Merrifield & Dunn Loring

SC Spotlight - Winter 2021



Shepherd's Center thanks Navy Federal Credit Union for printing this newsletter!

Staff

Executive Director Carolyn Pennington 703-281-0538 carolynpennington@scnova.org
Operations/Volunteer Manager Erin O'Reilly 703-281-0538 office@scnova.org
Marketing/Communication Coord. Laurie Granger 703-281-0538 communications@scnova.org
Database Manager - Volunteer Jean Bastien 703-281-0538 support@scnova.org

2021 Board of Directors & Committees

Scott Schroth, Board Chair; Exec. Comm. Chair; Policy Comm, Co-Chair; Volunteer Comm, Co-Chair; AlL Comm. boardchair@scnova.org

Jayne Young, Vice-Chair; Exec. Comm, Co-Chair; Development & Volunteer Comm, HR/IT Comm, AlL Comm.

Leigh Banducci, Board Treasurer; Chair; Finance Comm, Exec. Comm.

Michelle Kang, Board Secretary; Exec. Comm, Chair; Audit Comm, Co-Chair; HR/IT Comm.

Stephanie Arnall, Co-Chair; Finance Comm. Audit Comm.

Joe Bock, Marketing/ Social Media Comm.

Richard Duesterhaus, Chair; Advisory Comm.

Tom Eversole, At Large

William Farrell, Exec. Comm, Advisory Comm.

Kimberly L. Greer, Marketing/ Social Media Comm.

Scott Honiberg, Chair; Grants Comm.

Anna McDonald, Co-Chair Development Comm. Co-Chair; Marketing/ Social Media Comm.

Philip Pifer, CAC Board Liaison, IT Communications, Marketing/ Social Media Comm.

Patti Vaughn, Chair; Exec. Comm, Nominating Comm, Policy Comm.

Tom Portman, Veterans Comm.