

August 10, 2023

Dear Friends,

Each year around this time, we like to share what we have been able to achieve on behalf of older adults in our community and ask for your continued financial support. The stories we hear are life-changing and heartwarming. This year is the 25<sup>th</sup> Anniversary of the Shepherd's Center of Northern Virginia, and we look to honor the founding supporters by continuing to build upon the vision of an organization by, for, and with older adults.

On behalf of all of us past and present, we want to share our appreciation as we would not be able to reach our neighbors or share opportunities without your dedicated efforts and those of our volunteers who have a passion to empower older adults to live a life of meaning.

"The Shepherd's Center of Northern Virginia volunteers are so nice. Even my own family does not help me as much." M.L., Transportation Client Over the past year, we have continued to expand the services we provide in our community. We have welcomed over 180 new clients to the transportation program assisting our clients to needed medical appointments, to the grocery store, church and even to visit friends. Our caregiver support group, Adventures In Learning, friendly caller and friendly visitor programs and other social initiatives have reached hundreds more.

In the US Surgeon General's 2023 advisory "Our Epidemic of Loneliness and Isolation", they highlight two key strategies for

addressing the epidemic: strengthening infrastructure in local communities and building a culture of connection. Your support helps us to address the growing demand for services in the community and to work diligently to ensure our clients and participants stay connected. Every day is a good day when we can match a volunteer with someone in need.

As we look forward to the next 25 years, your continued financial support is vital to help us meet the growing need with our meaningful services. **Would you please consider a donation to the Shepherd's Center of Northern Virginia at this time?** To make a secure donation online, visit our website: <u>www.scnova.org/donate/donate-appeal</u> or use the enclosed remittance envelope.

We are committed as a community to all come together to transform aging into an empowering experience to live a life of meaning.

Sincerely,

W. Scott Schroth, Board Chairman

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Carolyn Pennington, Executive Director

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Honored to be named "one of the best nonprofits" by the Catalogue for Philanthropy DC.