

SCNOVA MISSION AND VISION

Our mission is to create meaningful opportunities for service, lifelong learning, social connection, individual well-being, and independent living for older adult in the communities we serve

Our vision is to transform aging into an empowering experience to live a life of meaning



IMPORTANCE OF SOCIALIZATION WITHIN THE SENIOR COMMUNITY

“Our epidemic of loneliness and isolation has been an underappreciated public health crisis that has harmed individual and societal health. Our relationships are a source of healing and well-being hiding in plain sight – one that can help us live healthier, more fulfilled, and more productive lives,” said U.S. Surgeon General Dr. Vivek Murthy.

Social isolation and loneliness are public health issues that affect more than one-third of adults, with seniors most at risk for depression, substance abuse, and suicide triggered by feelings of isolation and lack of access to critical, life-enhancing resources. Health risks associated with loneliness and social isolation are comparable to the dangers of smoking and obesity, increasing mortality risk by up to 30%.

SCNOVA COMBATS LONELINESS WITH...

- SOCIAL LUNCH N LIFE EVENTS TO BRING PEOPLE INTO THE COMMUNITY AND MEET/MINGLE WITH FRIENDS WHILE ENJOYING ENTERTAINMENT
- FRIENDLY CALLERS AND VISITORS TO STIMULATE THE MIND, BUILD FRIENDSHIP, AND REMIND CLIENTS THEY ARE NOT ALONE.
- CAREGIVER SUPPORT GROUPS TO SHARE EXPERIENCES AND LEAN ON OTHERS IN SIMILAR SITUATIONS

SCNOVA CREATING A NETWORK OF SUPPORT

2023	2023	2023	2023	2023
VOLUNTEER HOURS	NON-PROFIT PARTNERS	NUMBER OF MILES DRIVEN	RIDES FOR SENIORS	TRANSPORTATION CLIENTS
8,207	22	12,000	2,287	456

KEY SERVICES PROVIDED BY SCNOVA

FREE TRANSPORTATION SERVICES



ABOUT 600,000 OLDER ADULTS STOP DRIVING EACH YEAR, ACCORDING TO THE NATIONAL ASSOCIATION OF AREA AGENCIES ON AGING. THAT CAN MAKE IT HARDER TO MAKE DOCTOR'S APPOINTMENTS, SHOP FOR NECESSITIES, OR ATTEND SOCIAL EVENTS. THAT INCREASES THEIR ISOLATION, NEGATIVELY AFFECTING THEIR HEALTH AND WELL-BEING. ALL RIDES ARE PROVIDED BY VOLUNTEERS FREE OF CHARGE.

FRIENDLY CALLER/VISITOR HANDY HELPER PROGRAMS



AS PART OF OUR FRIENDLY CALLER PROGRAM, VOLUNTEERS ROUTINELY (ABOUT ONCE PER WEEK) REACH OUT TO CLIENTS AGES 50 AND UP (BOTH HOME BOUND AND NOT) BY PHONE AND IN PERSON. THIS PROVIDES OUR SENIOR CITIZENS WITH REGULAR OPPORTUNITIES FOR CONVERSATION AND CONNECTION. THE HANDY HELPERS PERFORM SMALL REPAIRS AT OLDER ADULTS' HOMES IN ORDER TO ENSURE THEIR RESIDENCE STAYS IN GOOD CONDITION.



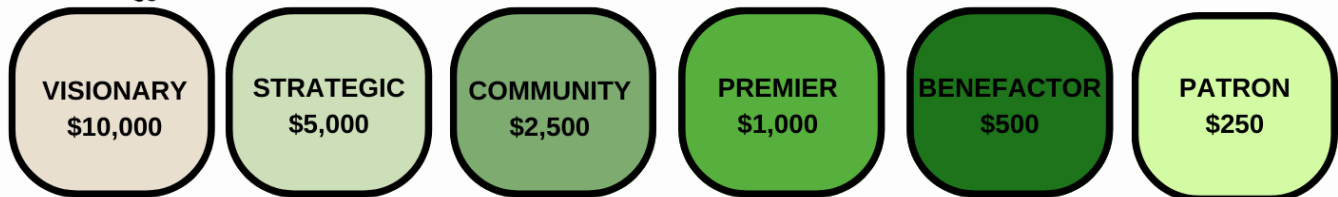
AWARDS & RECOGNITION

- IN 2023 THE SHEPHERD'S CENTER OF NORTHERN VIRGINIA CELEBRATED 25 YEARS OF SERVICE
- THE 2023 ED LOWERY AWARD WAS PRESENTED TO BOARD MEMBER, RICHARD DEUSTERHAUS
- SCNOVA RECEIVED A PRESTIGIOUS 2023 GREATNONPROFITS TOP-RATED AWARD
- OVER 100 EDUCATIONAL ADVENTURES IN LEARNING SESSIONS, TAI CHI SESSIONS, ACTIVE AGING WELLNESS SESSIONS, GREAT DECISIONS BOOK CLUB MEETINGS, LUNCH N LIFE EVENTS, AND CAREGIVER SUPPORT GROUP MEETINGS.
- IN 2023 EIGHT OUTSTANDING SCNOVA VOLUNTEERS WERE RECOGNIZED BY THE TOWN OF VIENNA
- IN 2022 JAYNE YOUNG, BOARD OF DIRECTORS MEMBER, RECEIVED THE DONALD OWEN SMITH LEADERSHIP AWARD FROM THE SHEPHERD'S CENTERS OF AMERICA
- SCNOVA ADMITTED AS AN ACTIVE MEMBER FOR 2021-2025 TO SPUR LOCAL, WHICH RECOGNIZED SCNOVA AS ONE OF THE BEST, CRITICAL, LOCAL NONPROFITS IN GREATER WASHINGTON DC METROPOLITAN AREA

IN 2023 92% OF SURVEYED TRANSPORTATION CLIENTS EXPRESSED THAT SCNOVA'S TRANSPORTATION PROGRAM HAS ALLOWED THEM TO REMAIN IN THEIR HOMES AND AGE IN PLACE.



SPONSORSHIP OPPORTUNITIES



“WE FEEL SO FORTUNATE TO HAVE THE SHEPHERD CENTER SERVING ALL OF US HERE IN NOVA. WE FIND PURPOSE IN VOLUNTEERING OUR TIME, TALENT AND MONEY TO SUPPORT SCNOVA'S MISSION—TO ENABLE ALL OF US TO AGE IN PLACE AS LONG AS POSSIBLE, AND LIVE THE MOST MEANINGFUL LIVES THAT WE CAN, RIGHT IN OUR BEAUTIFUL COMMUNITY!”

- TITLE SPONSORS - TOM & ROBIN PORTMAN

SCNOVA IS TRULY APPRECIATIVE OF OUR 60+ WONDERFUL PARTNERS & SPONSORS